

# WALK FOR RECOVERY

Saturday, September 19, 2015 ✈ 9 a.m. – 1 p.m.



## Start a Walk Team, join a Walk Team or walk as an individual!

You can fundraise for the Walk as a team member or as an individual. Funds that you or your Walk Team raise will help MRC to continue our mission to strengthen the recovery community through peer-to-peer support, public education, and advocacy.

*Fundraising is encouraged, but not required.*

**#RecoveryWorks!**

Lake of the Isles, Minneapolis, MN

## EVENT SCHEDULE

**Check-in/Onsite Registration** 9 a.m.

**Walk** 10:30 a.m.

**Celebration** 11:30 a.m. – 1 p.m.

*This is a National Recovery Month event to express gratitude, convey hope, and to celebrate all in recovery and those who help recovery happen! Bring your family and friends—wheelchairs, strollers, and even the family dog!*

**FREE SWAG BAG** full of goodies to the first 300 people who register online.

**FREE T-SHIRT** to anyone who raises \$50 by August 28, 2015.

**DJ! Food Trucks! Photo Booth! Activities for the kids!**

For more information and to register, visit

[walk.minnesotarecovery.org](http://walk.minnesotarecovery.org)

*No Registration Fee!*

[www.minnesotarecovery.org](http://www.minnesotarecovery.org)

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 **MINNESOTA  
RECOVERY  
CONNECTION**  
connect. recover. advocate. serve.

**National  
Recovery Month**  
Prevention Works • Treatment is Effective • People Recover